

Rules for Use of the Waterfront by Rental Groups

1. All swimming and watercraft activities must be supervised by a minimum of two responsible adults. At least one of the adults supervising must be a currently certified lifeguard and also certified in first aid and CPR. Additional, non-certified adults may be used as lookouts, based on the number of swimmers. The ratio of guards/lookouts to swimmers should be 1:10. All lifeguards/lookouts should be attentive to their responsibilities at all times and be located in positions from which they can readily observe and assist participants.
2. Minor children should never be allowed at the waterfront without adult supervision.
3. For safety, and to protect the hill from erosion, use only the designated waterfront steps when going to or coming from the waterfront (next to the Staff Cabin). Do not run down the waterfront steps or the hill to the waterfront.
4. General Waterfront Rules:
 - a. Enter and leave the waterfront area *only* through the gate. Do not go over or under or around the fence.
 - b. Personal items (towels, shoes, glasses, watches, etc.) may be left by the deck. It's unsafe to wear chains or dangling earrings while swimming.
 - c. Campers may not chew gum or have candy in their mouth while swimming.
 - d. Masks, fins, snorkels, inner tubes, lifejackets are not allowed in the swimming area during recreational swim.
 - e. Campers are not to talk to, bother, splash, or distract the lifeguards; they have an important job to do.
 - f. Stay off and away from the rope separating the shallow from the deep. Do not go over or under the rope for any reason.
 - g. Do not swim under the docks.
 - h. Remain within the swimming enclosures.
 - i. No head-first diving from the side of the docks into the shallow or deep.
 - j. Do not sit on the split-rail fence, or pass over or under them.
 - k. Two people must be in a boat or canoe, and up to three people are allowed in the rowboat at one time.
 - l. No tipping, banging, splashing or other such messing around is allowed in the boats, canoes.

- m. Small Craft: Stay away from the shores except in the landing area.
 - n. Small Craft: Stay out of the lily pad area and do not pick the blossoms.
 - o. Do not stand up in the boats or canoes.
 - p. Stay off the Blob dock (dock structure to the south, or left of the diving board dock).
5. No swimming or watercraft activities should occur after sunset.
 6. Paddles, oars, and lifejackets must be locked in the boathouse when not in use. Return boats and canoes to proper areas. (Boathouse is off limits from November-April).
 7. Upon request, Camp Roger will provide the following rescue equipment for swimming activities: whistle, back board, throw ring, rescue tube. Groups may provide additional safety equipment if necessary.
 8. Groups are instructed to institute a safety system to quickly account for all participants at the waterfront. The "buddy system" is a common example of a tracking or safety system for swimmers; a sign-in and sign-out system using a clipboard is another effective system. The swimming ability of participants should be evaluated prior to swimming and non-swimmers should be restricted to the shallow area.
 9. All participants should receive a safety orientation prior to each swimming or watercraft activity to review safety rules, practices, and emergency procedures. For swimming this shall include a swimming skill evaluation, assignment to swimming areas, and review of safety rules and procedures. For watercraft activity this orientation will include instruction on boarding, debarking, trimming and movement on the craft, the use of lifejackets, and self-rescue in case of capsize or swamping.
 10. Groups should be aware of the dangers of diving into water less than 10 feet deep; dive only off the end of the docks where you see a green strip. Stay off the Blob dock structure (dock to the south, or left, of the diving board dock).