



CAMP ROGER > OUTDOORS

SUMMER CAMP PARENT GUIDE

phone: 616.874.7286

Packing List for Camp

(Packing lists specific to Pioneer and Voyager campers will be sent to them prior to camp.)

- | | | |
|---|--|--|
| <input type="checkbox"/> Swimsuit
(one piece or modest tankini for girls) | <input type="checkbox"/> Twin-size fitted sheet to cover the mattress,
if desired | <input type="checkbox"/> Towels |
| <input type="checkbox"/> Raincoat or poncho | <input type="checkbox"/> Sunscreen | <input type="checkbox"/> A book or quiet activity for bunk time,
if desired |
| <input type="checkbox"/> A pair of older tennis shoes and a pair of
sandals with back straps | <input type="checkbox"/> Bible | <input type="checkbox"/> Completed Health History Form |
| <input type="checkbox"/> Clothing for sunny, rainy and cool days
(don't take your best) | <input type="checkbox"/> Flashlight | <input type="checkbox"/> Prescription medications
(Medications must be brought in the original
container from the pharmacy.) |
| <input type="checkbox"/> Sleeping bag and pillow | <input type="checkbox"/> Water bottle | <input type="checkbox"/> Please label all items with your child's name. |
| | <input type="checkbox"/> Insect repellent | |
| | <input type="checkbox"/> Toiletry articles | |

Things to leave at home

- All electronic devices (cell phones, iPods, MP3 players, electronic games, etc.)
- Cosmetics, hair dryers, etc. (It's all about the inner beauty.)
- New or expensive clothes
- Food, gum, and candy



Details for Parents

1. The Health History Form has been sent to you with this confirmation and is available on our website. A parent or legal guardian must complete and sign this form and bring it to camp on the first day of the session or mail it to camp prior to arrival.
2. Prescription Medications, over the counter medications, and herbal supplements must be brought to camp in the original container from the pharmacy or store (with the camper's name, prescribing physician's name, medication name and dosage clearly marked). Medications brought to camp in other containers cannot be accepted. In accordance with state licensing rules, all camper medications, except inhalers, will be stored in the Health Center. The health center is stocked with bandages, Tylenol, cough and cold remedies, and other over-the-counter medicines, etc. It is not necessary to send these items along to camp.
3. All accounts must be paid in full by the opening day of the camp session. Registration will go most quickly if the remaining balance and camp store deposit are paid prior to arrival. Mail a check or call with a credit card number to settle these accounts before you arrive at camp.
4. Refunds will be given if requested at least 14 days before your child's session of camp. If you cancel less than 14 days before your child's session of camp, refunds will be given only for medical reasons or family emergencies. All refunds are subject to a \$25 administrative fee.
5. Camp Store Money: Campers may purchase one candy per day, postage, postcards, water bottles, and bandanas from the camp store. A \$10 store deposit is recommended for the Five-Day Camp, \$15 for the Eight-Day Camp, and \$5 for Girls Pioneer Sessions 9 and 10 and both Voyager sessions. Other Pioneer sessions and Three-Day sessions DO NOT need to make a store deposit.
6. Cell Phones: A camp experience is an excellent and safe way for campers to gain independence and self confidence. Camper cell phones hinder this growth and can foster homesickness, so they are not allowed at camp. The camp director will be quick to call and inform parents of any concerns that are important to share. We encourage parents to send letters, emails, or faxes and to supply campers with supplies to write home.

Keeping In Touch While at Camp

Parents are invited to communicate with campers via letters, faxes, and email messages which are delivered daily after lunch. Please do not send food or special treats to the campers. Because of the volume of messages received each day and the importance of each child's independence as part of the camp experience, campers will not have the opportunity to return email or fax messages during the session. Parents are welcomed to provide stationery and stamps when packing for camp; staff will encourage campers to write home during the session.

US Mail: Camper Name - Camper's CABIN
Camp Roger
8356 Belding Road
Rockford, MI 49341

Faxes: 616-874-5734

Camper Email: Use the link provided at www.camproger.org to send email to a camper.

Phone Calls: Because the camp experience is a short-term "growth adventure" designed to encourage and promote independence, telephone calls to and from campers during the session are not part of our program. The camp directors will contact parents if there is illness, injury, or behavior that is important to share. Examples of such incidents include injuries requiring a medical consult with a physician, evidence of or exposure to a communicable disease, development of a fever, and behavior which undermines safety in camp.

Daily Updates: Photos and staff journal entries are added to our website daily, so visit Camp Roger via the web each day to stay in the loop!

Arriving at Camp

(Please double-check your confirmation sheet to verify the start date of the session.)

Plan to arrive between 12:45 p.m. and 2:00 p.m. on the day your child's session begins.

If you arrive earlier than the check-in time, please remain in your car. The check-in, parking, and registration process will take anywhere from 45-60 minutes. Our staff works as quickly as possible to facilitate this process for all 150 campers, but please anticipate a waiting line at check-in and registration. For fastest check-in, we suggest having health history forms turned in and your balance and camp store deposits paid before you arrive.

The check-in/registration process will include:

- Receiving your child's cabin assignment
- Parking your vehicle (staff will assist you with this)
- Meeting your child's counselor and cabinmates and moving your child into his/her cabin
- Registration in the lodge
- Check-in with the camp nurse in the lodge (if you have medication and/or a completed health form to drop off)
- Opportunity to visit the camp store to purchase camp wear or souvenirs

Heading Back Home

Camper pick-up time is between 9:30 a.m. and 10:30 a.m. on the day the session ends.

When you arrive at camp, you will find your child and your child's counselor at their cabin. Double-check for all of your child's gear before you leave camp. Be sure to check the clothesline and the lost and found in Central Area. Feel free to visit the camp store for camp-wear and souvenirs. Refunds of unspent store deposits are available in the lodge or may be left as a donation to the Financial Aid Fund.